



Megacystis-microcolon-intestinal hypoperistalsis syndrome

Megacystis-microcolon-intestinal hypoperistalsis syndrome (MMIHS) is a severe disorder affecting the muscles that line the bladder and intestines. It is characterized by impairment of the muscle contractions that move food through the digestive tract (peristalsis) and empty the bladder.

Some of the major features of MMIHS can be recognized before birth using ultrasound imaging. Affected fetuses have an enlarged bladder (megacystis) because it does not empty. In addition, the large intestine (colon) is abnormally narrow (microcolon) because of a shortage of functional muscle lining it. Intestinal and bladder problems persist throughout life.

After birth, the continued impairment of peristalsis (hypoperistalsis) often causes a digestive condition called intestinal pseudo-obstruction. This condition, which mimics a physical blockage (obstruction) of the intestines but without an actual blockage, leads to a buildup of partially digested food in the intestines. This buildup can cause abdominal swelling (distention) and pain, nausea, and vomiting. The vomit usually contains a green or yellow digestive fluid called bile. Because digestion is impeded and the body does not get the nutrients from food, nutritional support is usually needed, which is given through intravenous feedings (parenteral nutrition). While some affected individuals rely solely on intravenous feedings, others require it only on occasion. Long-term use of parenteral nutrition can lead to liver problems.

The reduced ability to pass urine also contributes to painful distention of the abdomen. Many people with MMIHS require placement of a tube (urinary catheter) to remove urine from the bladder.

Another abnormality in some people with MMIHS is intestinal malrotation, in which the intestines do not fold properly. Instead, they twist abnormally, often causing a blockage. Individuals with MMIHS can also develop problems with the kidneys or the ureters, which are the ducts that carry urine from the kidneys to the bladder.

The life expectancy of people with MMIHS is shorter than normal, often due to malnutrition, overwhelming infection (sepsis), or the failure of multiple organs.

Frequency

MMIHS is a rare disorder. More than 200 cases have been reported in the medical literature.

Causes

MMIHS can be caused by mutations in one of several genes, the most studied of which is *ACTG2*. The *ACTG2* gene provides instructions for making a protein called

gamma (γ)-2 actin. The γ -2 actin proteins organize into filaments that are important for the tensing of muscle fibers (muscle contraction), specifically contraction of smooth muscles of the urinary and intestinal tracts. These contractions empty urine from the bladder and move food through the intestines.

ACTG2 gene mutations lead to production of an altered γ -2 actin protein. These changes hinder the formation of actin filaments, which impairs the ability of smooth muscle in the bladder and intestines to contract. These problems with muscle contractions impair the release of urine and the movement of food through the intestines, leading to the key features of MMIHS.

Mutations in other genes have been found to cause rare cases of MMIHS. The proteins produced from these genes are also involved in smooth muscle contraction. Approximately 10 percent of people with MMIHS do not have a mutation in one of the identified genes. It is likely that additional genes that have not been identified are also involved in the disorder.

Inheritance Pattern

When caused by *ACTG2* gene mutations, MMIHS follows an autosomal dominant pattern, which means one copy of the altered gene in each cell is sufficient to cause the disorder. These cases result from new (de novo) mutations in the gene that occur during the formation of reproductive cells (eggs or sperm) or in early embryonic development. In these cases, affected individuals have no history of the disorder in their family.

When caused by mutations in other identified genes, MMIHS is inherited in an autosomal recessive pattern, which means both copies of the gene in each cell have mutations. The parents of an individual with an autosomal recessive condition each carry one copy of the mutated gene, but they typically do not show signs and symptoms of the condition.

Other Names for This Condition

- Berdon syndrome
- megacystis, microcolon, hypoperistalsis syndrome
- MMIH syndrome
- MMIHS

Diagnosis & Management

Genetic Testing Information

- What is genetic testing?
[/primer/testing/genetictesting](#)
- Genetic Testing Registry: Visceral myopathy
<https://www.ncbi.nlm.nih.gov/gtr/conditions/C0042781/>

Other Diagnosis and Management Resources

- GeneReview: ACTG2-Related Disorders
<https://www.ncbi.nlm.nih.gov/books/NBK299311>
- GeneReview: Megacystis-Microcolon-Intestinal Hypoperistalsis Syndrome Overview
<https://www.ncbi.nlm.nih.gov/books/NBK540960>

Additional Information & Resources

Health Information from MedlinePlus

- Encyclopedia: Intestinal Pseudo-obstruction
<https://medlineplus.gov/ency/article/000253.htm>
- Encyclopedia: Peristalsis
<https://medlineplus.gov/ency/article/002282.htm>
- Health Topic: Digestive Diseases
<https://medlineplus.gov/digestivediseases.html>

Genetic and Rare Diseases Information Center

- ACTG2-related disorders
<https://rarediseases.info.nih.gov/diseases/12743/actg2-related-disorders>
- Megacystis microcolon intestinal hypoperistalsis syndrome
<https://rarediseases.info.nih.gov/diseases/3442/megacystis-microcolon-intestinal-hypoperistalsis-syndrome>

Additional NIH Resources

- National Institute of Diabetes and Digestive and Kidney Diseases: The Digestive System and How It Works
<https://www.niddk.nih.gov/health-information/digestive-diseases/digestive-system-how-it-works>

Educational Resources

- KidsHealth from Nemours: Digestive System
<https://kidshealth.org/en/parents/digestive.html>
- KidsHealth from Nemours: Kidneys and Urinary Tract
<https://kidshealth.org/en/parents/kidneys-urinary.html>
- MalaCards: actg2-related disorders
https://www.malacards.org/card/actg2_related_disorders
- MalaCards: visceral myopathy
https://www.malacards.org/card/visceral_myopathy
- Orphanet: Megacystis-microcolon-intestinal hypoperistalsis syndrome
https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=2241

Patient Support and Advocacy Resources

- Association of Gastrointestinal Motility Disorders
<https://agmdhope.org/>
- International Foundation for Functional Gastrointestinal Disorders
<https://www.iffgd.org/>

Clinical Information from GeneReviews

- ACTG2-Related Disorders
<https://www.ncbi.nlm.nih.gov/books/NBK299311>
- Megacystis-Microcolon-Intestinal Hypoperistalsis Syndrome Overview
<https://www.ncbi.nlm.nih.gov/books/NBK540960>

Scientific Articles on PubMed

- PubMed
<https://www.ncbi.nlm.nih.gov/pubmed?term=%28Gastrointestinal+Diseases%5BMAJR%5D%29+AND+%28megacystis-microcolon-intestinal+hypoperistalsis+syndrome%5BTIAB%5D%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+1800+days%22%5Bdp%5D>

Catalog of Genes and Diseases from OMIM

- VISCERAL MYOPATHY
<http://omim.org/entry/155310>

Medical Genetics Database from MedGen

- Megacystis, microcolon, hypoperistalsis syndrome
<https://www.ncbi.nlm.nih.gov/medgen/296125>

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